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# THE IMPACT OF SMARTPHONES ON CHILDREN'S BEHAVIOR AND ACHIEVEMENT IN THE DIGITAL ERA ACCORDING TO ISLAMIC LAW

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#### **ABSTRACT**

This research refers to the impact of smartphones on children's behavior and achievements in the digital era according to Islamic law. The aim of this research is to find out the impact of smartphones on the behavior and achievements of children in the digital era according to Islamic law. This research method uses qualitative research and field research. By using primary data sources and secondary data sources. Data collection techniques the authors obtained from observation, interviews, and documentation. The results of this study have several conclusions as follows, 1. The use of smartphones in children has positive and negative impacts, especially on children's behavior and achievements. The positive impact influences children to be more active and confident in dealing with other people and in learning. Meanwhile, the negative impact of the behavior and achievements of the next generation is a change in emotional behavior, social behavior, violent behavior, lazy behavior and sleep disturbances, and cyberbullying behavior. 2. The efforts of several parents in Sukatani provide boundaries, accompany, and be firm in operating smartphones. But, there are still many parents who do not know how to operate a smartphone. So that children can easily access it without the assistance of parents. 3. According to Islamic Law, the behavior of some digital-era children in Sukatani spends a lot of time in their daily lives playing with smartphones and causing changes in behavior that are not good, thus deviating from Islamic law. And some of the parents in Sukatani have not perfectly provided assistance in accordance with Islamic family law. Both are contained in the Our'an and the Compilation of Islamic Law regarding parenting/care of children. According to Islamic Law, the behavior of some digital-era children in Sukatani spends a lot of time in their daily lives playing on smartphones and causing changes in behavior that are not good, thus deviating from Islamic law. And some of the parents in Sukatani have not perfectly provided assistance in accordance with Islamic family law. Both are contained in the Qur'an and the Compilation of Islamic Law regarding parenting/care of children. According to Islamic Law, the behavior of some digital-era children in Sukatani spends a lot of time in their daily lives playing on smartphones and causing changes in behavior that are not good, thus deviating from Islamic law. And some of the parents in Sukatani have not perfectly provided assistance in accordance with Islamic family law. Both are contained in the Qur'an and the Compilation of Islamic Law regarding parenting/care of children.

**Keywords:** The impact of smartphones, children's behavior and achievements, Islamic law.

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#### 1.0 INTRODUCTION

Children are a gift from Allah SWT which we need to be grateful for as perfect things when we are married. The pleasure that parents feel is through caring for, guiding, loving, caring, and providing a balanced education for children. Children are not merely a gift given to parents, but also a trust that must be taken care of properly. Parents have an obligation to meet the needs of children, to care for them, to advise them, and to tell what is good and what is bad for children. The responsibility of a parent is like being given trust in his faith, material, physical, moral, behavioral, intellectual, psychological, and social.

From the development of the times and today's technology that is increasingly developing, it is found that the most developed information applications, one of which is a smartphone. The use of smartphones in children has both good and bad effects. Because, at one point it has many benefits for children, but at another point, it also has a harmful impact on children's behavior. As a result, if a child is addicted to a smartphone, it will impact the lack of closeness between the child and his parents, and the child tends to be introverted or alone, not even caring about the environment around him. So in the use of smartphones with children, parents should be more serious in their supervision.

Therefore, from some of the descriptions above, the authors are very interested in examining the impact of smartphones on children's behavior in the digital era according to Islamic law. Because this problem is important so that it does not have an impact on the next child's development, and there must be efforts from parents to deal with the impact of smartphones on children's behavior in the digital era, as well as how to review Islamic law regarding the impact of smartphones on children's behavior in the current digital era.

Children's problems are not new problems, but digital developments (information and communication technology) are believed to have a major influence on children's problems, including children's behavior. According to Notoatmodjo, (Soekidjo, 2018) behavior is an activity or activity of the organism or living creature concerned. Human behavior in essence is the action or activity of the man himself which has a very broad expanse, including walking, talking, crying, laughing, working, studying, consuming, reading, writing, and so on. The digital era has an impact on easy access to information for children, including their curiosity about today's digital technology. Child problems are identified with generations familiar with the development of information and communication technology. HP Ownership.

Behavior is a set of actions or actions of a person in response to something and then becomes a habit because of the values that are believed. Human behavior is essentially an action or activity from humans, both observable and non-observable by human interactions with their environment which are manifested in the form of knowledge, attitudes, and actions. Behavior can be interpreted more rationally as the response of an organism or a person to stimuli from outside the subject. This response is formed in two kinds, namely the passive form and the active form where the passive form is an internal response that occurs within humans and cannot be directly seen by other people while the active form is when the behavior can be observed directly. (Triwibowo, 2015)

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Digital-age children are an age group who do not know how to live without smart devices. This generation spends an average of up to 3-4 hours online on smartphones, longer than the average internet user. Children who are exposed to technology from an early age are used to instant messaging, expect connectivity everywhere, seek content on demand, and prioritize games. Most children now have a cell phone complete with a cellular service plan between the ages of 10 and 12 years.

For children and adolescents who are addicted to gadgets, they will at least show signs that parents can observe, including; 1) Decreased focus, (2) Become more emotional, (3) Difficult making decisions, (4) Pseudo maturity, looking big physically but immature soul, (5) Difficult to communicate with other people, (6) no change in facial expression to express feelings, (7) low fighting power, (8) easily influenced, (9) anti-social and difficult to relate to others, (10) weakened ability to feel sensations in the real world, (11) do not understand moral values.

With today's increasingly sophisticated technology has resulted in major changes to the world. causing humans to easily access information in various ways and get facilities from the existence of digital technology today, but this cannot be separated from the more negative impacts arising from the excessive use of smartphones on children which will threaten children, especially their behavior.

According to Gary B, Thomas J & Misty E, 2007, Smartphones are internet-enabled phones that usually provide Personal Digital Assistant (PDA) functions, such as calendar functions, agenda books, address books, calculators, and notes. (Gary B, S., 2007).

Smartphones in this digital era are in the circle of children's sustainability in education and other things, and this is the responsibility of parents. In this bond, parents and children are one in the soul. In separate bodies, their souls are united in the bonds of immortality. No one can scatter it. The bond is formed in the emotional connection between children and parents which is reflected in behavior.

Educating children is the biggest obligation of parents. As a father is responsible for fostering the physical body of his children and is also required to be responsible for educating and fostering their morals and spirituality. Namely by trying to clean their souls in straightening their morals. (Aat Syafaat, 2008).

Smartphone use greatly influences the formation of children's behavior and achievements, so in this case the role of parents is very important in accompanying children's development from the impact of smartphone use.

The importance of educating children starts early because the development of the child's soul has started to grow since childhood according to their nature. This is in accordance with the words of the Prophet Muhammad: 3

"Every child is born on fitrah (religious purity in accordance with instincts) so that his tongue is smooth, then it is his parents who make him a Jew, Christian or Zoroastrian." (HR Abu ya'la, 1986). According to Talib in his book Forty Responsibilities towards children, the obligations and responsibilities of parents include treating children with gentleness and

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affection, guiding and training children to pray, preventing acts and promiscuity, and keeping children away from pornography. (pornoaction, pornography, pornographic speech), placing in a good environment. (Talib, 2008). In addition, by educating children's morals, parents should hold a habituation method. That is, children are trained to have good morals and behave politely to their parents.

In surah at-Tahrim verse 6 says:

(66:6/التحريم)

"O you who believe! Protect yourself and your family from the fires of hell whose fuel is humans and stones; guardian angels who are rough, and hard, who do not disobey God in what He commands them and always do what is commanded.(Gramedia, Al-Qur'an (QS. At-Tahrim), nd).

From the Nash Al-Qur'an above, it can be concluded that parents have an obligation to care for their children. Therefore, parents bear full responsibility for it. He can't just let go of the burden on others.

In Compilation of Islamic LawArticle 106 paragraph 1 states that parents are obliged to care for and develop the assets of their children who are immature or under guardianship, and are not allowed to transfer or pawn them except for urgent needs if the interests and benefits of the child require or a fact that cannot be avoided anymore.

The article above explains that the task of parents is to accompany their children by nurturing and educating them, providing them with knowledge, namely religious and general knowledge, for their provision when they become adults so that they are able to print superior child behavior.

#### 2.0 RESEARCH METHODOLOGY

#### 2.1 Method

This approach method is a qualitative approach method, namely research that is descriptive in nature, namely research that has natural characteristics (natural setting) as a source of direct data which is carefully examined. (Sugiyono, 2017) The author uses this research because it will produce information about observations in the field about what is the impact of smartphones on children's behavior and achievements in the digital era in Sukatani in terms of Islamic law. This type of research is classified as field research, namely research that intends to intensively study the background of the current situation and the interaction of a social, individual, group, institution or community by directly observing the impact of smartphones on children's behavior in the digital era in Sukatani.

#### 2.2 Data source

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In this study, researchers used two kinds of data, namely primary data and secondary data.

#### **Primary Data**

Primary data is data obtained directly from research subjects using measurement tools or data collection tools directly on the subject as a source of information sought. The primary data used is the Al-Qur'an, Hadith regarding assisting children's behavior and achievements.

#### Secondary data

Secondary data is data obtained from other parties, not directly obtained by researchers from their research subjects obtain secondary data, is carried out by means of a literature study that contains information about primary, especially library materials, through literature from library books, and scientific papers. The secondary data used are books, journals, Islamic books, and the internet which contain the decisions of the Bahtsul Masail and the Tarjih Council, and matters that are relevant to the problems that are the object of the research study.

#### 2.3 Data collection technique

The data collection technique used by researchers is the library research method, namely library research. The library method is research conducted by reading books or magazines with other data sources in the library. This research activity was carried out by collecting data from various literatures, which was used not only in books, but also in the form of documentation materials, magazines, newspapers, and others (Prastowo, 2016).

#### 2.4 Data Validity Test

In order to determine the validity of the data, an inspection technique is required for the implementation of the inspection technique based on a number of certain criteria. There are four criteria used, namely the degree of trust (credibility), transferability (transferability), dependability (dependability), and certainty (confirmability) (Sumanto, 2014). Of the several tests, in this study, the priority was the mere credibility test which was carried out by means of triangulation because the triangulation aims not only to reach the truth about several phenomena but it was found that the triangulation technique also prioritizes the effectiveness of the process and the desired results. (Lexy J , Moleong, 2007)

#### 2.5 Data analysis

The data analysis technique used in this study is a descriptive method, namely research that seeks to describe and interpret what exists, opinions that are growing, ongoing processes, effects or effects that occur, or trends that are developing. In addition, the author also uses a comparative method, that is, the researcher seeks to determine the causes or reasons for differences or comparisons between one opinion and another.

#### 3.0 FINDING AND DISCUSSION

#### 3.1 Smartphone Use in Children in Sukatani

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With the rapid advancement of technology, and various electronic devices that used to be diverse, now there are increasingly sophisticated electronic devices with smaller sizes. For example, a smartphone, this tool can access various features, for example, the internet, and connect to social media such as Facebook, Instagram, YouTube, and so on. In everyday life, of course, a smartphone cannot be separated from human hands.

Many people think that a smartphone is a tool that can become a necessity for them. In its use, smartphones provide convenience with the features offered by various applications and internet browsing applications so that children, teenagers, and even adults have become smartphone users. Usually, children who use smartphones often access the internet (virtual world) through their parents' smartphones or their own. Like the research conducted by the author in Sukatani. The use of smartphones by children in Sukatani is as follows: Farhan Firmansyah, aged 6, usually uses them to watch YouTube, and play online games such as FF (free fire), and mini crab, in his use he uses his parents' smartphone. (Interview with Farhan Firmansyah, son of Mrs. Supeni, n.d.).

Farhan often uses his smartphone for more than 2 hours, sometimes it can take up to a whole day and he is used to playing on a smartphone because of the era where everything is easily accessible via a smartphone. Usually, he uses his smartphone at home, and mostly in the room, if for example outside the child can not be controlled. Hafidz is 9 years old, he uses a smartphone to play games and watch YouTube, and TikTok, and every night he uses his smartphone to open YouTube to listen to music to accompany him to sleep.In using it, Hafidz often plays on smartphones for more than 2 hours, usually from morning to noon, and continues again in the evening, especially if you use wifi for more than 5 hours. even when it's forbidden. He often uses his smartphone outside the house, because there is wifi near the house so he feels at home there. At the age of 10, he used his smartphone to play online games such as mobile legends, and YouTube to watch games. (Interview, 2022a) The duration of time for using it in a day is more than 2 hours, sometimes from noon to evening, it continues again until night.

#### 3.2 The Impact of Smartphones on Children's Behavior and Achievements in Sukatani

The results of the author's research in the field show that children aged under five up to the age of 15 are active smartphone users, in which more time is spent playing on smartphones in their daily lives. However, when viewed from two sides, the use of smartphones in children certainly has positive and negative impacts, especially on children's behavior and achievements.

#### 3.3 The Positive Impact of Smartphones on Children's Behavior in Sukatani

According to Mrs. Supeni, the positive impact is that children are more able to know technology now, especially smartphones, and the child's mindset that continues to develop so that children continue to want to know something new. For example, in terms of learning, he knows letters and reading is learned from YouTube besides studying at school. Indeed, sometimes there is more to playing YouTube and online games for entertainment than studying (Interview, 2022b). According to Mrs. Epih, if you look at the positive impact, children using smartphones do not miss school information, and children can access information or news via the internet on their smartphones (Kurniawan, 2022). According to

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Mrs. Vivin Vinawati, the positive impact on children's behavior is the faster development of children's knowledge.

# 3.4 The Negative Impact of Smartphones on Children's Behavior and Achievements in Sukatani.

Excessive use of smartphones can cause various negative impacts. As a result, the impact of excessive smartphone use will affect children's behavior and achievements in their daily lives, this can be seen in children who are negatively affected by smartphone use. The results of research in Sukatani indicate that there are negative impacts arising from excessive smartphone use on the behavior and achievements of children in Sukatani. Based on the results of interviews with several parents it was said that children could not control their emotions, causing bad behavior, such as frequent anger and frequent play, causing children's achievements as seen from learning skills and report card scores to decrease from usual.

#### 4.0 CONCLUSION

The use of smartphones by several children in Sukatani has positive and negative impacts, especially on children's behavior and achievements. The positive impact on children in Sukatani is that the use of smartphones (internet and social media) increases children's knowledge; they can find information in any various media so it can influence children to be more active and confident in dealing with other people. Meanwhile, when viewed from the negative impact. There are changes in children's behavior and achievements if the use of smartphones is not properly supervised (Interview with Supeni Mother of Mrs. Farhan Firmansyah, Interview with the Author at Her Home, January 7, 2022, n.d.)

The efforts of some parents in Sukatani are by providing limits on smartphone use, accompanying, and being firm with children in using smartphones. However, many parents still don't know how to operate a smartphone, so children can access the virtual world without any assistance from their parents.

According to Islamic Law, the behavior of digital era children in Sukatani in their daily lives spends a lot of time playing on smartphones and there are changes in behavior that are not good, thus deviating from Islamic law. And some of the parents in Sukatani have not perfectly provided assistance in accordance with Islamic family law. Both are contained in the Qur'an and the Compilation of Islamic Law regarding parenting/care of children.

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