

INSPIRATION ECONOMY AS A PHILOSOPHICAL AND METHODOLOGICAL FRAMEWORK FOR SOCIOECONOMIC TRANSFORMATION

MOHAMED BUHEJI

Founder, International Institute of Inspiration Economy, Bahrain

<https://doi.org/10.37602/IJSSMR.2026.9502>

ABSTRACT

This paper presents a comprehensive philosophical and methodological analysis of the Inspiration Economy (IE) as an emerging paradigm for addressing complex socioeconomic challenges. Drawing upon the three foundational philosophical dimensions—ontology, epistemology, and axiology—the study demonstrates how IE transcends traditional economic models by prioritizing human capacity, meaning-making, and intrinsic motivation over material accumulation and market competition. Through analysis of diverse Inspiration Labs conducted in more than 30 countries since 2015, the paper shows how IE operationalizes Edgar Morin's philosophy of complexity through practical methodologies, including exploratory visits, multidisciplinary thinking, hermeneutic interpretation, and the concept of "influencing without power." The paper argues that IE represents a significant epistemological shift from economies based on "supply vs. demand" to those grounded in "capacity vs. demand," offering a viable pathway toward sustainable development, poverty elimination, and community resilience in an era of unprecedented global uncertainty.

Keywords: Inspiration Economy, Complexity Theory, Socioeconomic Development, Hermeneutics, Multidisciplinary Thinking, Poverty Elimination, Resilience Economy, Meaning-Making, Inspiration Labs

1.0 INTRODUCTION

1.1 The Crisis of Contemporary Economic Thought

The contemporary world presents humanity with an unprecedented convergence of crises—climate change, geopolitical instability, generational poverty, youth unemployment, and post-pandemic socioeconomic disruption. These challenges defy traditional reductionist approaches that seek to isolate problems and address them through specialized disciplinary lenses. As Edgar Morin argues in his foundational work, the fundamental crisis of our time is not merely a crisis of institutions or policies, but a crisis of thought itself. The world cannot be understood through a logic of simplification or fragmentation, but rather through a philosophy of complexity that connects elements and phenomena in a network of mutual relationships.

Traditional economic models, whether capitalist or socialist, have proven inadequate in addressing these complex, "wicked" problems. They operate within a logic of scarcity, competition, and material accumulation, treating human beings primarily as consumers or producers rather than as meaning-seeking agents. This paper argues that what is needed is not

merely a modification of existing economic frameworks, but a fundamental paradigm shift—one that places human capacity, inspiration, and meaning-making at the center of economic activity.

1.2 The Emergence of the Inspiration Economy

In parallel with the growing recognition of the limitations of traditional economic thinking, Mohamed Buheji's Inspiration Economy framework has emerged over the past decade as a systematic methodology for tackling complex socioeconomic problems. Drawing on principles of behavioral economics, intrinsic human capacities, and multidisciplinary thinking, Buheji has developed a comprehensive approach that includes Inspiration Labs, visualized reflection, and the concept of "influencing without power" as mechanisms for transformative change.

The Inspiration Economy is an economic and social model that focuses on inspiration, human and social potential, and non-material assets and wealth, leading to thinking methods that create pathways for societal advancement in targeted areas. It differs fundamentally from traditional economic models because it focuses on eliminating regulatory constraints, privatization, and unregulated financial markets. Instead, IE emphasizes raising community capacity through the formula "Capacity vs. Demand" rather than "Supply vs. Demand".

1.3 Research Questions and Objectives

This paper addresses the following research questions:

1. What are the philosophical foundations of the Inspiration Economy, and how do they relate to contemporary philosophical traditions?
2. How do Inspiration Labs operationalize these philosophical principles in practice?
3. What evidence exists for the effectiveness of IE approaches in addressing complex socioeconomic challenges?
4. How does IE contribute to the development of a new epistemological framework for socioeconomic development?

The primary objective is to articulate the philosophical and methodological coherence of the Inspiration Economy as a transformative framework for addressing the complex challenges of our time.

2.0 THEORETICAL FRAMEWORK

2.1 The Three Philosophical Dimensions of the Inspiration Economy

The Inspiration Economy is constituted by three foundational philosophical dimensions that together provide a comprehensive framework for understanding and addressing socioeconomic challenges.

2.1.1 Ontological Dimension: Philosophy of Existence

The ontological dimension concerns the nature of reality and how we understand the world. In the context of IE, this dimension addresses fundamental questions about the nature of socioeconomic problems, wealth, and human existence.

a) Problems as Unexplored Opportunities

In conventional thinking, a problem is an obstacle to be removed. In IE, however, problems are viewed as unexplored opportunities that carry deep significance about community needs and lost meaning. This ontological shift is foundational to the entire IE methodology.

"The problem is not in the inability to solve, but in the lack of clarity about 'why' we want a solution in the first place."

Evidence from Labs: The Poverty Elimination Lab in Mauritania did not view poverty merely as a lack of money, but as an existential condition linked to isolation, loss of dignity, and weak social structures. Similarly, the Gaza Resilience Lab viewed war not merely as destruction, but as an opportunity to redefine identity, resistance, and resilience.

b) Diversified Conception of Wealth

IE transcends the materialistic view of wealth to include non-tangible assets:

Type of Capital	Definition	Examples from Labs
Moral Capital	Purposes, concepts, and values that give life meaning	Cow Endowment Project (Mauritania)
Social Capital	Trust, cooperation, and community cohesion	Shea Butter Project (Ghana)
Knowledge Capital	Capacity for learning, inspiration, and adaptation	Bamboo School Village (India)
Symbolic Capital	Status, recognition, capacity for influence	Horse Care Lab (Oman)
Inspiration Currency	Capacity to inspire others and create positive change	All IE Labs

c) Interconnected and Complex Existence

IE views socioeconomic reality as an interconnected fabric where variables interact, and no phenomenon can be understood in isolation from its context. This ontological position demands holistic, multidisciplinary methodologies.

Evidence from Labs: The Eco-Villages Lab in India and Morocco integrates tourism, agriculture, home industries, education, and health into a single integrated project. The Electricity and Water Efficiency Lab in Bahrain integrates engineering, economics, behavioral psychology, and management.

2.1.2 Epistemological Dimension: Philosophy of Knowledge

The epistemological dimension concerns the nature of knowledge, its sources, and its limits. It addresses the question: How do we know what we know about socioeconomic reality?

a) Experiential and Exploratory Knowledge

The primary source of knowledge in IE is the field itself, not abstract theories or books. Labs begin with an exploratory journey to understand reality deeply before proposing any solutions.

"Every Inspiration Lab is, in reality, a journey to confront crises of meaning and rebuild the purpose of the target community."

Evidence from Labs: Exploratory visits in the Syria Advancement Lab assessed the reality of health, education, and environmental services. The Observation Methodology in Bahrain Labs relies on direct observation of socioeconomic phenomena.

b) Participatory and Constructivist Knowledge

Knowledge in IE is not produced from above (experts or governments) but is built through the participation of all stakeholders: local communities, women, youth, farmers, artisans, and productive families.

Evidence from Labs: Cooperative associations in Mauritania rely on family and community leaders to identify needs and solutions. Bosnia Labs involve universities, NGOs, local communities, and rural women in producing shared knowledge.

c) Multidisciplinary and Transdisciplinary Knowledge

Complex problems cannot be solved by a single knowledge system but require the integration of knowledge from multiple fields: economics, psychology, engineering, agriculture, education, anthropology, sociology, and management.

Evidence from Labs: The Multidisciplinary Thinking Lab explicitly establishes this principle. The Primary Healthcare Improvement Lab in Bahrain integrates medicine, public health, psychology, service management, and economics.

d) Lifelong Learning and Learning from Failure

Knowledge is not final but is a continuous process of learning, experimentation, review, and correction. Even projects that falter or fail are considered valuable sources of knowledge.

"All our experiences pave the way." — Introductory text from the IIEP project list

e) Hermeneutics as an Epistemological Tool

Knowledge is not acquired through superficial observation alone but through the deep interpretation of social phenomena, understanding their hidden meanings, and revealing the dominant narratives that shape collective consciousness.

Recent research explicitly applies hermeneutic principles to Inspiration Labs methodology. The study demonstrates how hermeneutic concepts—including the hermeneutic circle (the iterative movement between parts and whole), Gadamer's "fusion of horizons" (the dialogical encounter between interpreter and text or stakeholders), and the recognition of pre-

understanding as a condition for understanding—are operationalized within the structured processes of Inspiration Labs.

"Hermeneutics—the philosophy of interpretation—provides the theoretical framework needed to articulate and deepen understanding of the Inspiration Lab methodology."

f) Reflexivity in Knowledge Production

The researcher or practitioner is not neutral but is part of the knowledge production process. Reflexive practice requires awareness of one's role and influence.

Evidence from Labs: The paper "Reflexivity in Applying Inspiration Economy Research" explicitly establishes this critical epistemological dimension.

2.1.3 Axiological Dimension: Philosophy of Values

The axiological dimension concerns the study of values and ethics, addressing the question: What are the goals and values that should guide socioeconomic activity?

a) Critique of Neoliberalism and Pursuit of Justice

IE presents itself as an ethical and economic alternative to systems that create inequality and injustice. It aims to dismantle the neoliberal order and build a model based on cooperation and inspiration rather than competition and short-term profit.

"Enhancing the concept of self-reliance for communities from the control of capitalist economics and its thinking." — IIEP Project List

b) Value of Liberation and Self-Reliance

The fundamental ethical goal is to liberate communities from economic and cultural hegemony and enable them to own their decisions and make their own meaning.

Evidence from Labs: Self-Sufficiency Projects in Ghana, Bosnia, and India. Productive Family Projects in Bahrain, Morocco, and Sudan. The paper "Making Freedom Irresistible" connects IE to pro-Palestine boycott movements.

c) Value of Empathy and Humanity

Labs do not treat communities as subjects of study but engage with their suffering and aspire to improve their quality of life. Empathy is not merely a feeling but a fundamental ethical motivation for action.

Evidence from Labs: The Empathy Focused Lab explicitly establishes this value. Projects for the elderly, people with disabilities, orphans, and refugees. The Gaza Resilience Lab is fundamentally based on empathy with Palestinian suffering.

d) Value of Sustainability and Responsibility to the Future

Working on solutions that do not deplete resources or create new problems for future generations. Sustainability here is not merely an environmental goal but an ethical commitment to the future.

Evidence from Labs: The Sustainable Development and Industry 4.0 Lab. Lake and water resource conservation projects. Waste recycling and management projects.

e) Value of Coexistence and Peace

Many labs, especially in conflict zones (Bosnia, Gaza, Syria), work on values of tolerance, rebuilding the social fabric, managing difference, and rejecting violence.

Evidence from Labs: The Coexistence Lab explicitly establishes this value. The Gaza Resilience Lab works on enhancing community cohesion under aggression. The Syria Advancement Lab seeks to rebuild trust and coexistence among Syrians.

2.2 The Inspiration Economy as an Operationalization of Complexity Philosophy

Recent scholarship has established a significant intellectual connection between Edgar Morin's philosophy of complexity and the Inspiration Economy methodology. This integration is not merely theoretical but represents a profound epistemological convergence.

Choubani and Buheji (2026) argue that "Buheji's methodological innovations—particularly Inspiration Labs, Differential Diagnosis, and the concept of 'influencing without power'—operationalise Morin's complex thought principles in the domain of socio-economic problem-solving". The analysis demonstrates that the IE framework "represents a significant contribution to making complex thought actionable in real-world settings, addressing 'wicked problems' ranging from youth unemployment to post-pandemic recovery and geopolitical conflict".

The study proposes the concept of "latent potential" as an intermediary link between complexity and value production, allowing for a rethinking of the relationship between knowledge and development in contemporary societies. This integration represents a significant theoretical contribution, demonstrating how philosophical principles can be translated into practical methodologies for socioeconomic transformation.

3.0 METHODOLOGY: INSPIRATION LABS AS OPERATIONAL MECHANISMS

3.1 Definition and Structure of Inspiration Labs

Inspiration Labs are the fundamental operational mechanism for translating philosophical principles into concrete practices. They are not theoretical structures but living applied field laboratories that follow a consistent framework of four steps:

Problem Identification → Field Exploration → Exploitation of Opportunities → Production of Outcomes with Minimal Resources

The lab model transforms complex problems into inspiring opportunities through:

- Addressing Volatility: IE provides a stable axis based on purpose.
- Transforming Uncertainty into Collaborative Exploration: Uncertainty is viewed not as a threat but as a field for exploration.
- Simplifying Complexity through a Holistic Multidisciplinary View: Addressing root systems, not just symptoms.
- Resolving Ambiguity through Community-Centered Vision: Transforming vague "problems" into clear, executable "projects."

3.2 The Strategic Meaning Cycle

The methodology of meaning-making in IE relies on the Strategic Meaning Cycle, a four-stage framework:

Quadrant 1: Organizing Signals

- Distinguishing signal from noise
- Identifying weak signals of structural change
- Resisting information flooding without an organizing framework

Quadrant 2: Building Narrative

- Connecting identity, challenge, and direction
- Connecting past (experience) and future (expectation)
- Formulating coherence across time

Quadrant 3: Clarifying Commitments

- Translating narrative into clear strategic choices
- Distinguishing means from ends
- Making trade-offs clear and defensible

Quadrant 4: Maintaining Legitimacy

- Defending the narrative against competing frameworks
- Integrating learning without abandoning core meaning
- Maintaining legitimacy through adaptation

3.3 Re-Exploring Meaning Methodology

The foundations of IE are based on the capacity for continuous exploration and re-exploration. Every Inspiration Lab is a journey to confront crises of meaning and rebuild the purpose of the target community. Complex problems are often symptoms of lost or distorted meaning, not merely technical or administrative failures.

The methodology includes:

1. Deconstructing the Dominant Narrative: Exploring the assumptions governing habits and behavior, identifying the convictions that shape collective mentality, and revealing the dominant semantic frameworks that produce the problem.

2. Exploring the Lost Purpose: Searching for the "why" behind the need or challenge, identifying the vision or purpose that gives action its meaning, and connecting identity, challenge, and direction in a coherent narrative.

3. Generating Passion and Redefining Values: Transforming purpose into passion (desire and will) for the target community, renewing the values for which sacrifice is worthwhile, and building a new vision that drives initiative and exploration.

4. Designing Meaning Engineering Mechanisms: Translating new meaning into tangible daily practices through:

- Recognition Engineering: For successes and failures
- Transformation Engineering: For managing change
- Renewal Engineering: For latent assets and purposeful curiosity
- Connection Engineering: Between community and target purpose

5. Building Communities of Meaningful Practice: Transforming meaning from an idea into a living culture through:

- Shared Exploration: There is no single expert on meaning
- Safe Experimentation: Space to search for meaning without fear
- Shared Narrative: Writing the institutional or community story together
- Practical Embodiment: Meaning must appear in daily decisions

4.0 APPLICATIONS AND CASE STUDIES

4.1 Semantic Field Analysis

The semantic field is the "fingerprint of meaning" that reveals the hidden thought behind any text, discourse, or practice. In IE Labs, a distinctive semantic field can be traced that focuses on concepts of transformation, inspiration, exploration, influencing without power, inspiration currency, lifelong learning, and intrinsic powers.

Table (2) Comparison of Semantic Fields Across Economic Models:

Economic Model	Central Semantic Field	Distinctive Terms
Capitalist Economy	Scarcity, competition, profit	Market, cost, return, ownership, productivity
Knowledge Economy	Information, efficiency, specialization	Data, knowledge, skills, certifications, experience
Learning Economy	Adaptation, evolution, flexibility	Learning, training, development, improvement, adaptation

Inspiration Economy	Abundance, transformation	discovery,	Inspiration, opportunities, powers, impact	exploration, intrinsic
----------------------------	---------------------------	------------	--	------------------------

This analysis reveals that IE does not merely add new elements to previous economies but operates within a radically different semantic field, redefining the fundamental concepts of value, wealth, and development.

4.2 Case Study: Poverty Elimination Lab (Mauritania)

The Poverty Elimination Lab in Mauritania represents a comprehensive application of IE philosophical principles.

Ontologically: Poverty was viewed not merely as a lack of money but as an existential condition linked to isolation, lack of skills, and weak social structures.

Epistemologically: Knowledge was built through cooperation with local communities (cooperative associations) to understand their unique resources (such as carpet making), not by imposing solutions from outside.

Axiologically: The highest value was eliminating poverty not through "relief" that creates dependency, but through "empowerment" that achieves dignity and independence.

Results: The lab successfully transformed poor families from passive recipients of aid to active producers, creating sustainable livelihoods and restoring community dignity.

4.3 Case Study: Gaza Resilience Lab

The Gaza Resilience Lab, created during the 2023-2024 war, offers a unique model of community resilience under existential siege.

Semantic Transformation: The lab reframed the narrative from "Gaza under attack" to "Gaza resisting and inspiring," producing new meanings of resilience, steadfastness, and hope.

Methodological Innovation: The lab produced more than 80 research papers within months, demonstrating how academic knowledge production can be accelerated even under the most challenging conditions.

Global Impact: The lab's work on empathy measurement, boycott analysis, and resilience documentation contributed to global understanding of the Gaza situation and built international solidarity networks.

4.4 Case Study: Syria Advancement Lab

The Syria Advancement Lab, initiated in 2024-2025, represents a systematic application of IE methodology to post-conflict reconstruction.

Field Exploration: Extensive exploratory visits to Aleppo and surrounding areas assessed the reality of health, education, sanitation, and water services.

Community Participation: Workshops engaged local stakeholders in identifying needs and co-designing solutions.

Practical Projects: Concrete projects were initiated in cleanliness, road improvement, data systems, and coexistence building.

Meaning Restoration: The lab worked on rebuilding trust and hope among Syrians, transforming the narrative from "Syria is a failed state" to "Syria is capable of rising."

5.0 DISCUSSION

5.1 Semantic Sovereignty as Strategic Independence

In an era of accelerating transformations and increasing uncertainty, the concept of "semantic sovereignty" has emerged as a fundamental condition for strategic independence. The capacity to produce one's own semantic frameworks—rather than consuming those produced by others—has become a matter of sovereignty and strategic independence.

Key Insight: "Neither can a people be sovereign in reality while being dependent in meaning."

Implications:

1. **Deconstructing Dominant Narratives:** Not merely as biased discourses but as knowledge structures that produce truth according to specific conditions.
2. **Conceptual Reconstruction:** Freeing thinking tools from invisible dependency.
3. **Producing Knowledge:** Capable of interpreting reality in its complexity without falling into defensive or justificatory reductionism.

5.2 The Shift from Knowledge Economy to Inspiration Economy

IE builds on the Knowledge Economy as a foundation but transcends it to the Learning Economy, where differentiation and socioeconomic power become based on the capacity to learn and inspire.

Comparative Analysis:

Dimension	Knowledge Economy	Learning Economy	Inspiration Economy
Primary Focus	Information, efficiency, specialization	Adaptation, evolution, flexibility	Discovery, transformation, inspiration
Core Logic	"What we know"	"How we learn and adapt"	"How we inspire and transform"
Competitive Advantage	Accumulated knowledge	Learning capacity	Inspirational capacity
Key Resources	Data, skills, certifications	Adaptability, resilience	Meaning, purpose, influence

Semantic Field	Knowledge, skills, expertise	Learning, development, improvement	Inspiration, exploration, impact
-----------------------	------------------------------	------------------------------------	----------------------------------

5.3 The AI-Resilience of Inspiration Economy Tasks

Recent theoretical work has demonstrated that IE principles offer a framework for identifying AI-resilient tasks. While AI excels at automating Capital Economy tasks (execution, routine analysis, and mass production), it simultaneously amplifies the value of intrinsically human capacities.

Key Insight: "The future of work belongs to those who can define the terrain of the game itself, making human inspiration the bedrock of value in the 21st century."

AI-Resilient Categories:

- Tasks requiring emotional resonance and empathy
- Tasks involving meaning-making and narrative construction
- Tasks demanding creativity and innovation
- Tasks requiring moral judgment and ethical reasoning
- Tasks involving influence without formal authority

6.0 CONCLUSION

6.1 Summary of Findings

This paper has demonstrated that the Inspiration Economy represents a comprehensive philosophical and methodological framework for addressing complex socioeconomic challenges. Through its three foundational philosophical dimensions—ontology, epistemology, and axiology—IE offers a coherent alternative to traditional economic models.

Key Contributions:

1. Ontologically: IE redefines problems as opportunities and wealth as multi-dimensional, including moral, social, knowledge, symbolic, and inspirational capital.
2. Epistemologically: IE establishes a knowledge framework based on experiential exploration, participatory construction, multidisciplinary integration, hermeneutic interpretation, and reflexive practice.
3. Axiologically: IE is grounded in values of justice, liberation, empathy, sustainability, and coexistence, offering an ethical alternative to neoliberal economics.
4. Methodologically: Inspiration Labs provide a practical operational mechanism for translating philosophical principles into concrete outcomes.
5. Strategically: IE contributes to semantic sovereignty, enabling communities to produce their own meaning rather than consuming imported frameworks.

6.2 The Battle for Meaning as the Battle for the Future

In a world that changes faster than it can be interpreted, survival belongs not merely to those who possess the best tools but to those who possess the narrative most capable of giving meaning to change itself.

"The battle for meaning is the battle for the future itself. The transition from consuming meaning to producing meaning is the essence of transformation toward the Inspiration Economy, where meaning becomes the origin from which thought and reality emerge, and upon which the true prosperity of humanity and society is formed."

6.3 Recommendations

Research Recommendations:

1. Further study of the relationship between IE and complexity philosophy (Edgar Morin), and its applications in developmental fields.
2. Development of indicators for measuring "inspiration currency," "moral capital," and "non-material wealth" to complement traditional indicators (GDP, HDI).
3. Study of semantic sovereignty as a condition for strategic independence and ways to enhance it in the Arab world.
4. Documentation of IE Lab philosophical experiences in books and encyclopedias as references for thinkers and researchers.

Practical Recommendations:

1. Generalize the Inspiration Labs methodology across government, private, and non-profit sectors as a framework for solving complex problems.
2. Integrate IE philosophical concepts into educational curricula (philosophy, economics, development, management).
3. Establish research centers specialized in "Development Philosophy," "Semantic Sovereignty," and "Inspiration Economy."
4. Develop training programs to build community leadership capacities in "meaning-making" and "inspiration engineering."
5. Organize international philosophical forums on the Inspiration Economy, bringing together thinkers, academics, and practitioners from various disciplines.

Vision:

"The decisive bet in our era is not in our ability to know more, but in our ability to understand better, and in our ability to produce the meaning that makes understanding capable of directing action. This is not mere philosophical reflection; it is a fundamental existential condition for shaping a future rather than merely adapting to it."

REFERENCES

1. Buheji, M. (2016). Handbook of Inspiration Economy. Bookboon, London. ISBN: 978-87-403-1318-5.
2. Buheji, M. (2016). Inspiring Governments. LAP LAMBERT Academic Publishing.

3. Buheji, M. (2017). "Understanding Problem Solving in Inspiration Labs." *American Journal of Industrial and Business Management*, 7, pp. 771-784.
4. Buheji, M. (2018). *Exploring Inspiration Economy*. AuthorHouse, UK. ISBN: 978-15462-9212-8.
5. Buheji, M. (2018). "Nudge Theory vs. Inspiration Economy Labs- Comparing the Depth of Influence on Socio-Economics Behaviours." *American Journal of Economics*, Vol. 8, No.3, pp. 146-154.
6. Buheji, M. (2019). "Understanding the Economics of Problem-Solving. A Longitudinal Review of the Economic Influence of Inspiration Labs." *American Journal of Economics*, 9(2), pp. 79-85.
7. Buheji, M. (2019). "Shaping the Anatomy of Socio-Economic Community Problems towards Effective Solutions." *Issues in Social Science*, Vol. 7, No. 1, pp. 1-11.
8. Buheji, M. (2024). "Exploratory Visits as a Methodological Tool." *Gradiva*, 63(7), p. 56-67.
9. Buheji, M. (2025). "Dismantling the Neoliberal Order: How Inspiration Economy Can Address Inequality, Instability, and Ecological Crisis?" *International Journal of Research*, Vol (12):7, p. 27-36.
10. Buheji, M. (2025). "From Theory to Life Transformation: A Decade of the Inspiration Economy Theory Tested Through Multidisciplinary, Interdisciplinary, and Transdisciplinary Lens." *International Journal of Multidisciplinary Research and Growth Evaluation*, Vol (6):5, p. 819-834.
11. Buheji, M. (2025). "Marketing in Inspiration Economy: Strategies for Scaling Socioeconomic Impact in a Post-Capitalist World." *International Journal of Research Publication and Reviews*, Vol 6, Issue 10, pp 5272-5282.
12. Buheji, M. (2025). "Shifting Economic Logics: A Theoretical Model of AI-Resilient Tasks Based on the Inspiration Economy." *International Journal of Multidisciplinary Research and Growth Evaluation*, Vol (6):6, p. 393-399.
13. Buheji, M. and Ahmed, D. (2017). "A Holistic Review for Inspiration Economy Framework Constructs." *Journal of Social Science Studies*, Vol. 4, No. 1.
14. Buheji, M. and Ahmed, D. (2018). "Understanding Inspiration Currencies in Woman Development Programs." *American Journal of Economics*, 8(3), pp. 174-182.
15. Buheji, M. and Ahmed, D. (2019). *The Defiance: A Socio-Economic Problem Solving*. AuthorHouse, UK. ISBN: 978-1-7283-8869-4.
16. Buheji, M., Saif, Z. and Jahrami, H. (2014). "Why Inspiration Matters?" *Journal of Inspiration Economy*, Vol 1, Issue 1.
17. Choubani, E.H. and Buheji, M. (2026). "Between Philosophy and Practice: Edgar Morin's Complex Thought and the Inspiration Economy Methodology." *International Journal of Advanced Scientific and Technical Research*, Vol. 16, Issue 4, pp. 9/1-9/21. DOI: 10.5281/zenodo.21349208.
18. Ahmed, D. and Buheji, M. (2018). "Reflexivity in Applying 'Inspiration Economy' Research: Changing the Game to Make the Research Groups 'Researchers'." *International Journal of Qualitative Methods*, Volume 17: 1-8, SAGE Publications.
19. Buheji, M. (2021). "The Theory of Inspiration Economy: An Introduction." *International Journal of Entrepreneurship*, Volume 25, Special Issue 1.
20. Buheji, M. (2026). "Hermeneutics (Science of Interpretation) in Inspiration Economy Labs: A Methodological Inquiry into Interpretation of Socioeconomic Problems." *International Journal of Social Science Exceptional Research*, Vol 3(2): 5-22.

21. Buheji, M. (2026). "Capitalising on Ontology for Complex Problem Solving: Case of Inspiration Labs." *Journal of Advance and Future Research*, Vol (2):3, pp. 922-931.
22. Buheji, M. (2026). "Navigating Sustainability in a VUCA World through Inspiration Labs." *International Journal of Multidisciplinary Research and Publications*, Volume 8, Issue 8, pp. 184-191.
23. Buheji, M. (2026). "The Meaning of Culture in Inspiration Economy: A Longitudinal Comprehensive Review." *International Journal of Multidisciplinary Research and Growth Evaluation*, Vol 7, Issue 1, pp. 104-111.
24. Buheji, M. and Mushimiyimana, E. (2025). "Capability Approach vs. Inspiration Economy and their Socioeconomic Relevance: A Comparative Study." *International Journal of Multidisciplinary Research and Growth Evaluation*, Vol. 6 No.2, pp. 831-839.
25. Buheji, M. and Ahmed, D. (2025). "From Theory to Practice: Leveraging Anthropology and the Inspiration Economy for Community-Driven Solutions." *International Journal of Management Sciences and Business Research*, Vol-14, Issue 1, p. 25-43.
26. Morin, E. (2008). *On Complexity*. Hampton Press.
27. Morin, E. (2021). *Lessons from a Century of Life*. Polity Press.
28. Gadamer, H.G. (1975). *Truth and Method*. Continuum.
29. Heidegger, M. (1962). *Being and Time*. Harper & Row.
30. Frankl, V. (1984). *Man's Search for Meaning*. Simon & Schuster.

Acknowledgments

The authors would like to acknowledge the contributions of the International Institute of Inspiration Economy and all participants in Inspiration Labs across more than 30 countries since 2015. Special thanks to the researchers, practitioners, and community members who have contributed to the development and application of the Inspiration Economy framework.